



# 2018 Dells Dolphins Practice Schedule

## **Spring Practice April**

### **Ho Chunk Wellness Center - Baraboo**

1 day/week – \$60      2 plus – \$110

A new swimmer to the club will receive half off on registration per swimmer fee.

#### **April 8 through April 24**

See Calendar for dates and times

## **Spring Practice May**

### **Jack Young Middle School - Baraboo**

#### **May 2 – May 30**

See Calendar for dates and times

## **Summer Practice – Dells Outdoor Municipal Pool**

Registration: \$30 per swimmer, plus \$40 per family concessions fee

A new swimmer to the club will receive half off on registration per swimmer fee.

Practice begins June 4

### **Monday through Friday**

#### Time

8:30 – 10:00 a.m.

9:30-11:00 a.m.

10:00-11:00 a.m.

5:00-6:00 p.m.(Tues,Wed,Thurs) For All Swimmers who can't make a.m. practices or need extra time/help

#### Age Groups

13 & UP

9-12

8 & Under

A dryland component will be incorporated into every workout – please bring appropriate clothing, socks and tennis shoes.