



# 2023 Dells Dolphins Practice Schedule

## **Spring Practice April & May Ho-Chunk & Jack Young Baraboo**

1 day/week – \$85      2 plus – \$135

A new swimmer to the club will receive half off on registration per swimmer fee.

### **April 2 through June 1**

See Calendar on website for dates and times

Sunday – 6:00-8:00 p.m. Baraboo Jack Young

Tuesday – 5:00-6:15 p.m. Ho-Chunk Wellness Center

Thursday- 5:00-6:15 p.m. Ho-Chunk Wellness Center

## **Summer Practice – Dells Outdoor Municipal Pool**

Registration: \$100 per swimmer, discounts for multiple swimmers from one family see registration form

A new swimmer to the club will receive half off on registration per swimmer fee.

Practice begins June 5 – This could change

### **Monday through Friday**

<u>Time</u>	<u>Age Groups</u>
7:30– 9:00 a.m.	11 & UP
8:30 - 9:45 a.m.	10 & Under

5-6pm Tuesday, Wednesday, Thursday (check website calendar this is NOT all days) for all swimmers who couldn't make an am practice and need extra help

A dryland component will be incorporated into every workout – please bring appropriate clothing, socks and tennis shoes.